

## *The Fall Academy*

### **An Overview**

As we concluded the 26th Annual Fall Academy there seems to be as much, if not more, enthusiasm and excitement exhibited by players and coaches as what was exhibited in the initial academy held in 1993. “We created, piloted and continuously ‘up-grade’ the academy to inspire players to improve their skills and enhance their performance.” – Ron Golden

We have been ‘the bar’ or yardstick by which all baseball people compare fall programs in central Ohio. We continue to inspire players to reach a Higher Level in their play. Those who participate in Ron Golden’s Fall Academy actually get in a 2<sup>rd</sup> season of high school baseball (3<sup>rd</sup> if you include summer ball) during the course of the school year. This is a great situation for all players who participate. And 90% of it takes place in the premier and professional venue, Huntington Park.

### **Summary of 2019**

Beginning on August 18, The Fall Academy utilized great weather and was able to work out approximately 5 days per week. In the first few weeks it was all about instruction and skill development. Then the program took a switch and included competition. Games were played on Sundays. The other days of the week were devoted to a lot of personal skill building featuring: hitting, fielding and defensive work and pitching work for the pitchers. The skill work provided players with the opportunity to “break down” the respective skills and stress proper techniques and mechanics to enhance improvement. The academy concluded with the best of three-game World Series. The weather was perfect. The play was really good and the games were competitive. Everyone had a good time and gave a great account of his skills. So, we concluded that everyone this past fall season ended up being “a winner.”

### **What Sets Us Apart**

- We limit the number of participants to a maximum of 30 players
- We provide a ration of 5:1 – players to coach
- We use Wood Bats exclusively with each player receiving wood bats at the outset
- We play games in Huntington Park and at Beavers Field in Lancaster, Ohio
- We have “caring” coaches who ‘give’ constructive criticism along with a lot of praise
- We use OHSAA certified umpires in all of our competitive situations
- We have players locker in the Clubhouse once the Clipper’s season concludes
- We encourage players To Learn The Game (professionally) & “Live The Dream”

### **Believe It**

Players completed a personal evaluation that asked each to comment and make recommendations on the completed Academy. They all stated they had a great time and enjoyed the program and the underclassmen indicated that plan to return in 2019. All comments were extremely favorable and “right on!”

### **In Conclusion**

“We are not going to compare our style of instruction to any others, but we can state boldly that our players ‘learn the game,’ play it the right WAY and position themselves for ‘Living the Dream’ at a Higher Level. We spend a lot of time with players on both the physical skills of the game along with the mental and emotional aspects required for improved play. The Fall Academy is really the model fall instructional and developmental program in central Ohio. “We do it all” and the record speaks for itself!